

**Government Medical College, Datia (M.P.)**  
**Foundation Course Tentative Time Table**  
**MBBS First Year Batch 2022**

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Sr. No.	Contents	Allotted Hours
1	Orientation	30
2	Skill Module	35
3	Field visit to PHC/CHC	8
4	Introduction to Professional Development, AETCOM	40
5	Sports and Extracurricular Activities	22
6	Enhancement of Language/Computer Skills	40
7	Pandemic Module	2
	Total Hours	177

**Dean: Professor Dr. Dinesh Udainiya**

**Course Coordinators: Prof. Dr. Vivek Verma (MEU Coordinator), Dr. Rajesh Gupta (MEU Co-coordinator)**

*Vivek Verma*  
**Coordinator**  
Medical Education Unit  
Government Medical College  
Datia (M.P.)

*[Signature]*  
**Dean**  
Govt. Medical College  
Datia (M.P.)

## Foundation Course Time-Table for MBBS 2022, GMC Datia (M.P.)

Date & Day	9:00am-10am	10:00am-11:00am	11:00am-12:00am	12:00am-01:00am	LUNCH	1:00pm-2:00pm	2:00pm-3:00pm	3:00pm-4:00pm	4:00pm-5:00pm
16/11/2022 Wednesday	Registration for orientation Dr Meenu Bakna/Dr Swati Shrivastava	Welcome address by Dean and Tea Break Dr Dinesh Udainiya	Course objectives & Introduction of students, College/Hospital administrators and Phase 1 teachers Dr Vivek Verma/Dr Rajesh Gupta		LUNCH	Orientation for anti-ragging, women cell, anti-harassment committee & institutional rules Dr Kiran Tripathi/Dr Shweta Yadav	Concerned department visit		
17/11/2022 Thursday	MBBS Curriculum & 1 <sup>st</sup> MBBS schedule Dr H Chawre	MBBS syllabus Dr S Gupta/Dr Ghanshyam	Senior-Junior interaction under faculty observation Dr Arpit Verma/Dr Rajju		LUNCH	Reflection & recap session Dr R Gupta/Dr A Mehta	Medical College Campus & Hostel visit Dr Shweta Yadav/Dr Kamal Kachhawal/Dr Swati Shrivastava		
18/11/2022 Friday	Medical Profession and Team building Dr K N Arya/Dr Mukesh Rajpoot	Mentorship Program Dr S K Boudh	Group Discussion Dr Rajju/Dr Swati	IMG Role-Physician's role in Society Dr P Adhikari/Dr S Gupta	LUNCH	Reflection & recap session Dr R Gupta/Dr A Mehta	EC activity: Music Dr V Verma/Dr A Mourya		
19/11/2022 Saturday	Evolution of Medicine Dr Pradeep Sukla	Principles & history of Medical Ethics Dr. S. K. Boudh	Orientation of Professional Attitude & skill Dr. S. Gupta	Medical ethics Role Play Dr. A Mehta/Minu Bakna	LUNCH	Discussion on students' expectation from the institute, society, peers, patients & vice versa. Dr Ghanshyam/Dr M Bhatia	EC activity: Sports Dr A Mourya/Dr Mukesh Pandey		
20/11/2022	Sunday								

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~~Dr. A. P. Bhatia~~  
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Govt. Medical College  
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21/11/2022 Monday	Healthcare delivery system in India Dr Pradeep Sukla	Concepts of PHCs, CHCs, functioning and services Dr P Adhikari/ Dr S Gupta	Introduction to National Health Programs Dr Sachin Yadav/ Dr Sanjeev Kumar	Introduction to National Health Policies Dr M Bhatia/ Dr Sanjeev Kumar	LUNCH	Principles of Family Practice Dr Ghanshyam/Dr Bhatia	Yoga Dr Kiran Tripathi/Dr Sonali Tripathi	
22/11/2022 Tuesday	Orientation to Assessment Dr K K Guta	Professionalism Dr Rajesh Gupta	Life-long learner Dr Rajesh Gupta	Professional development Dr B P Kale	LUNCH	Reflection and recap session Dr A Mehta	Yoga Dr Kiran Tripathi/Dr Sonali Tripathi	
23/11/2022 Wednesday	Universal Precautions Dr Vijay Rajak	Role of Hand/Facial Washing in Covid-19 Dr Vijay Rajak	Vaccination/Immunization & safe injection practice Dr Sanjeev Kumar		LUNCH	Yoga Dr Kiran Tripathi/Dr Sonali Tripathi		
24/11/2022 Thursday	IT uses in Medical Profession Dr Abhishek Sharma/ Dr S Gupta	Uses of online resources for teaching Dr S K Boudh	Computer/Language training Mr Ajay Shrivastav		LUNCH	Computer/Language training Mr Ajay Shrivastav		
25/11/2022 Friday	First Aid & Patient Safety Dr Pooja	BLS & its demonstration Dr R Gupta/Dr Manjulata	Safety precautions for Covid-19 at individual/community level Dr S Gupta/Ghanshyam	Needle stick injury & bio hazard safety Dr Vijay Rajak	LUNCH	Visit to casualty and trauma Dr Rajesh Badal/Dr Ajit Minij		
26/11/2022 Saturday	Visit to PHCs i.e. RHTC/UHTC Dr S Gupta/Dr Ghanshyam/Dr Sanjeev Kumar				LUNCH	Computer/Language training Mr Ajay Shrivastav	EC activity: Music Dr V Verma/Dr A Mourya	
27/11/2022	Sunday							

*Nirvik Nerves*  
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28/11/2022 Monday	Biomedical waste management Dr Vijay Rajak/Dr Arti Choubey		Visit to hospital Dr Pooja			Computer/Language training Mr Ajay Shrivastav	Sports Dr A Mourya/Dr M Pandey	
29/11/2022 Tuesday	Interpersonal relationship Dr Mukesh Sharma	Doctor-Patient relationship Dr Hemant Jain	OPD visit Dr Pooja/Dr Nidhi (PSM)		LUNCH	Computer/Language training Mr Ajay Shrivastav	EC activity: Sports Dr A Mourya/Dr M Pandey/Manoj Sharma	
30/11/2022 Wednesday	Time Management Dr Vivek Verma/Dr Abhishek Mehta		Stress Management Dr Kiran Tripathi/Dr Amrita Chouhan		LUNCH	Computer/Language training Mr Ajay Shrivastav	Yoga Dr Kiran Tripathi	
01/12/2022 Thursday	Visit to PHCs Dr Ghanshyam/Dr Pooja							
02/12/2022 Friday	Unethical and unprofessional behaviour & practice Dr S K Bouddh		Role play on Unethical and unprofessional behaviour Dr A Mehta/Dr Arpit Verma		LUNCH	Computer/Language training Mr Ajay Shrivastav	EC activity: Sports Dr A Mourya/Dr M Pandey/Manish Ainaraya	
03/12/2022 Saturday	Bioethics Dr S K Bouddh		Informed Consent Dr Anil Mangeshkar		LUNCH	Computer/Language training Mr Ajay Shrivastav	EC activity: Sports	
04/12/2022	Sunday							

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05/12/2022 Monday	Self-directed learning Dr Arjun Singh/Dr Anand Bhadkariya		Group dynamics Dr Vivek Verma/Dr Rajesh Gupta		LUNCH	Meeting with Mentors Dr Rajju/Dr Sonali/Dr Swati		
06/12/2022 Tuesday	Ayushman Yojana Dr Arpit Verma		Swachh Bharat Abhayan Dr Satyendra Prajapati		LUNCH	Alternative system of Health care Dr Pradeep Sukla	EC activity: Sports Dr A Mourya/Dr M Pandey	
07/12/2022 to 13/12/2022 Annual Function								
14/12/2022 Wednesday	Stress Management Dr K D Arya		Conflict and its Management Dr TNS Gaur		LUNCH	Computer/Language training Mr Ajay Shrivastav	EC activity: Music Dr V Verma/Dr A Mourya	
15/12/2022 Thursday	Collaborative Learning Dr Arjun Singh	Computer/Language training Mr Ajay Shrivastav				Feedback & attendance preparation Dr. Vivek Verma/Dr Rajesh Gupta		

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